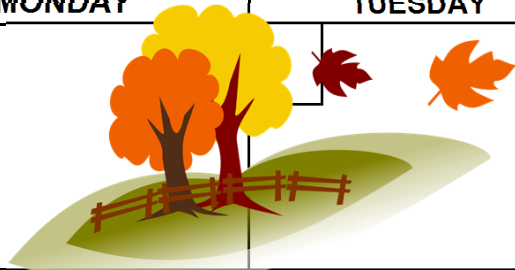







 September **2016**
CAMP VERDE COWBOYS
HIGH SCHOOL

HIGH SCHOOL PRICES
BREAKFAST
 REDUCED \$.30
 FULL PRICE \$1.50
LUNCH
 REDUCED \$.40
 FULL PRICE \$2.75

MONDAY		TUESDAY		WEDNESDAY		THURSDAY	
						1 COLD CEREAL OR POP-TART OR CEREAL BAR JUICE, FRESH FRUIT, MILK DEEP DISH CHEESE PIZZA FRESH GARDEN SALAD RANCH DRESSING FRESH APPLE CHOICE OF MILK	
Labor Day  5 NO SCHOOL		6 COLD CEREAL OR EGG AND CHEESE SANDWICH JUICE, FRESH FRUIT, MILK POPCORN CHICKEN WITH SWEET AND SOUR DIPPING SAUCE MIXED VEGGIES APPLE CHOICE OF MILK		7 COLD CEREAL OR PANCAKE ROLLUP JUICE, FRESH FRUIT, MILK GRILLED CHEESE SANDWICH CELERY WITH PEANUT BUTTER ORANGE SLICES CHOICE OF MILK		8 COLD CEREAL OR POP-TART OR CEREAL BAR JUICE, FRESH FRUIT, MILK DEEP DISH PIZZA HAM AND CRACKERS WITH RANCH DRESSING DRESSING, FRESH APPLE CHOICE OF MILK	
12 COLD CERAL OR BLUEBERRY WAFFLE JUICE, FRESH FRUIT, MILK MAC AND CHEESE MAC AND CHEESE STEAMED CARROTS PEACH CUP CHOICE OF MILK		13 COLD CEREAL OR BAGEL WITH CREAM CHEESE JUICE, FRESH FRUIT, MILK HAMBURGER ON WHOLE WHEAT BUN AND SHREDDED LETTUCE SEASONED FRIES APPLE SAUCE CUP CHOICE OF MILK		14 COLD CEREAL OR GLAZED DONUT JUICE, FRESH FRUIT, MILK HOME MADE SOFT TACO LETTUCE, CHEESE , BEEF RANCH BEANS JELLO CUP WITH FRUIT CHOICE OF MILK		15 COLD CEREAL OR POP-TART OR CEREAL BAR JUICE, FRESH FRUIT, MILK HAWAIIAN PIZZA BOAT WITH HAM AND PINEAPPLE GARDEN SALAD WITH RANCH DRESSING FRESH APPLE CHOICE OF MILK	
19 COLD CEREAL OR FRENCH TOAST STICKS OR CREAM CHEESE MUFFIN JUICE, FRESH FRUIT, MILK TUREY AND CHEESE WRAP WITH ROMAINE LETTUCE TATER TOTS FRUIT COCKTAIL CUP CHOICE OF MILK		20 COLD CEREAL OR YOGURT WITH GRAHAM CRACKERS JUICE, FRESH FRUIT, MILK CHILI CHEESE DOG CUCUMBER SLICES PEAR CUP CHOICE OF MILK		21 COLD CEREAL OR BANANA NUT MUFFIN JUICE, FRESH FRUIT, MILK CHICKEN NUGGET GREEN BEANS WHEAT ROLL APPLE SAUCE CUP CHOICE OF MILK		22 COLD CEREAL OR POP-TART OR CEREAL BAR JUICE, FRESH FRUIT, MILK PEPPERONI PIZZA GARDEN SALAD WITH RANCH DRESSING FRESH APPLE CHOICE OF MILK	
26 COLD CEREAL OR APPLE FRUDEL JUICE, FRESH FRUIT, MILK SALISBURY STEAK MASH POTATOS & GRAVY PEACH CUP CHOICE OF MILK		27 COLD CEREAL OR PANCAKE W/ SAUSAGE OR CHOCOLATE CHIP MUFFN JUICE, FRESH FRUIT, MILK HOME MADE CHEESE QUESADILLA RANCH BEANS PINEAPPLE CUP PINEAPPLE CUP CHOICE OF MILK		28 COLD CEREAL OR SUPER DONUT JUICE, FRESH FRUIT, MILK CHICKEN SANDWICH ON PRETZEL BUN SEASONED FRIES ORANGE SLICES CHOICE OF MILK		29 COLD CEREAL OR POP-TART OR CEREAL BAR JUICE, FRESH FRUIT, MILK CHEESE PIZZA FRESH GARDEN SALAD RANCH DRESSING FRESH APPLE CHOICE OF MILK	
SERVED DAILY :		CHOICE OF MILK					
BREAKFAST		LUNCH		OFFERED DAILY WITH MAIN LINE ENTRÉE			
POP-TART- CINNAMON OR STRAWBERRY CEREAL BARS- ASSORTED VARIETY		NEW FOR YOU THIS YEAR OFFERED DAILY: CHEF SALAD BAR: FRESH SALAD, CARROTS, CELERY STICKS, CUCUMBERS COTTAGE CHEESE, CHERRY TOMATO'S, BROCOLLI FLORETS, CALULIFLOWER FLORETS. YOUR CHOICE OF: RANCH , 1000 ISLAND, ITALIAN, RASPBERRY VINEGARETTE DRESSINGS		SALAD BAR WITH: FRESH SALAD, CHERRY TOMATOES, CUCUMBERS, CELERY AND CARROT STICKS. CHOICE OF DRESSING OR YOU CAN TAKE ADVANTAGE OF OUR ALTERNITIVE LUNCH SPECIAL DELI SANDWICH CHOICE OF TURKEY OR HAM SPICY OR PLAIN CHICKEN WRAPS WITH CHOICE OF DRESSING ALL MEALS SERVED WITH CHOICE OF FRESH FRUIT OR FRUIT CUP CHOICE OF MILK			