

# OCTOBER 2016 CAMP VERDE MIDDLE SCHOOL



**MIDDLE SCHOOL  
PRICES  
BREAKFAST  
REDUCED \$.30  
FULL PRICE \$1.50  
LUNCH  
REDUCED \$.40  
FULL PRICE \$2.75**

<b>MONDAY</b>		<b>TUESDAY</b>		<b>WEDNESDAY</b>		<b>THURSDAY</b>	
3	COLD CEREAL OR BISCUIT WITH GRAVY OR SAUSAGE CHEESE BISCUIT	4	COLD CEREAL OR PANCAKE ROLLUP	5	COLD CEREAL OR CHERRY FRUDEL	6	COLD CEREAL OR POP-TART OR CEREAL BAR
JUICE, FRESH FRUIT, MILK		JUICE, FRESH FRUIT, MILK		JUICE, FRESH FRUIT, MILK		JUICE, FRESH FRUIT, MILK	
HOME MADE BEEF STEW WITH CRACKERS APPLE SAUCE CUP CHOICE OF MILK		HOME MADE CHICKEN FAJITA WITH TORTILLA, CHEESE, LETTUCE MEXI CORN PINEAPPLE CUP CHOICE OF MILK		CHICKEN STRIPS TATER TOTS PEAR CUP CHOICE OF MILK		STUFFED CRUST PIZZA FRESH GARDEN SALAD RANCH DRESSING FRESH APPLE CHOICE OF MILK	
10	COLD CEREAL OR CHOCOLATE CHIP WAFFLE WITH SYRUP	11	COLD CEREAL OR EGG AND CHEESE BREAKFAST SLIDER	12	COLD CEREAL OR BANANA NUT MUFFIN	13	COLD CEREAL OR POP-TART OR CEREAL BAR
JUICE, FRESH FRUIT, MILK		JUICE, FRESH FRUIT, MILK		JUICE, FRESH FRUIT, MILK		JUICE, FRESH FRUIT, MILK	
CHICKEN NUGGET GREEN BEANS PEACH CUP CHOICE OF MILK		HOME MADE CHICKEN CHILI WITH CRACKERS CARROT STICKS ORANGE WEDGES CHOICE OF MILK		CHEESE BURGER WITH SHREDDED LETTUCE FRENCH FRIES APPLESAUCE CUP CHOICE OF MILK		PIZZA BOAT FRESH GARDEN SALAD WITH RANCH DRESSING DRESSING, FRESH APPLE CHOICE OF MILK	
17	COLD CEREAL OR PANCAKE ROLLUP	18	COLD CEREAL OR BAGEL WITH CREAM CHEESE	19	COLD CEREAL OR YOGURT CUP WITH GRAHAM CRACKERS	20	COLD CEREAL OR POP-TART OR CEREAL BAR
JUICE, FRESH FRUIT, MILK		JUICE, FRESH FRUIT, MILK		JUICE, FRESH FRUIT, MILK		JUICE, FRESH FRUIT, MILK	
BEAN AND CHEESE BURRITO CORN PEACH CUP CHOICE OF MILK		POPCORN CHICKEN WITH BBQ DIPPING SAUCE RANCH BEANS PINEAPPLE CUP CHOICE OF MILK		CHICKEN BURGER WITH SHREDDED LETTUCE TATER TOTS MIXED FRUIT CUP CHOICE OF MILK		PEPPERONI PIZZA FRESH GARDEN SALAD RANCH DRESSING FRESH APPLE CHOICE OF MILK	
24	COLD CEREAL OR BERRY FRENCH TOAST WITH SYRUP	25	COLD CEREAL OR SAUSAGE AND CHEESE BISCUIT	26	COLD CEREAL OR GLAZED DONUT	27	COLD CEREAL OR POP-TART OR CEREAL BAR
JUICE, FRESH FRUIT, MILK		JUICE, FRESH FRUIT, MILK		JUICE, FRESH FRUIT, MILK		JUICE, FRESH FRUIT, MILK	
GRILLED CHEESE SANDWICH CARROT STICKS WITH RANCH DIP CHOICE OF MILK		MEAT LOAF WITH WHEAT ROLL GREEN BEANS CHOICE OF MILK		CHILI CHEESE FRIES CELERY STICKS CHOICE OF MILK		HAWAIIAN PIZZA BOAT WITH PINEAPPLE, HAM GARDEN SALAD WITH RANCH DRESSING CHOICE OF MILK	
31	COLD CEREAL OR PANCAKE ROLLUP	NOV 1	COLD CEREAL OR BAGEL WITH CREAM CHEESE	NOV 2	COLD CEREAL OR APPLE FRUDEL	NOV. 3	COLD CEREAL OR POP-TART OR CEREAL BAR
JUICE, FRESH FRUIT, MILK		JUICE, FRESH FRUIT, MILK		JUICE, FRESH FRUIT, MILK		JUICE, FRESH FRUIT, MILK	
GREEN CHILI CHEESE BURRITO MEXI CORN CHOICE OF MILK		CHICKEN STRIPS FRENCH FRIES CHOICE OF MILK		CHEESE BURGER WITH AMERICAN CHEESE SEASONED FRIES CHOICE OF MILK		DEEP DISH PEPPERONI PIZZA FRESH GARDEN SALAD RANCH DRESSING CHOICE OF MILK	
<b>BREAKFAST</b>		<b>LUNCH</b>		<b>OFFERED DAILY WITH MAIN LINE ENTRÉE</b>			
POP-TART- CINNAMON OR STRAWBERRY CEREAL BARS- ASSORTED VARIETY		NEW FOR YOU THIS YEAR OFFERED DAILY: CHEF SALAD BAR: FRESH SALAD, CARROTS, CELERY STICKS, CUCUMBERS COTTAGE CHEESE, CHERRY TOMATO'S, BROCCOLI FLORETS, CALULIFLOWER FLORETS. YOUR CHOICE OF: RANCH , 1000 ISLAND, ITALIAN, RASPBERRY VINEGARETTE DRESSINGS		SALAD BAR WITH: FRESH SALAD, CHERRY TOMATOES, CUCUMBERS, CELERY AND CARROT STICKS. CHOICE OF DRESSING OR YOU CAN TAKE ADVANTAGE OF OUR ALTERNATIVE LUNCH SPECIAL DELI SANDWICH CHOICE OF TURKEY OR HAM SPICY OR PLAIN CHICKEN WRAPS WITH CHOICE OF DRESSING ALL MEALS SERVED WITH CHOICE OF FRESH FRUIT OR FRUIT CUP CHOICE OF MILK			

THERE ARE ONLY  
3 CHARGES ALLOWED  
PER CHILD THIS YEAR

NOTE: MEALS SERVED WITH CHOICE OF MILK  
MENU : SUBJECT TO CHANGE DUE TO AVAILABILITY  
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.