

MIDDLE SCHOOL  
PRICES  
BREAKFAST  
REDUCED \$.30  
FULL PRICE \$1.50  
LUNCH  
REDUCED \$.40  
FULL PRICE \$2.75

# JANUARY 2017 CAMP VERDE MIDDLE SCHOOL

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

2



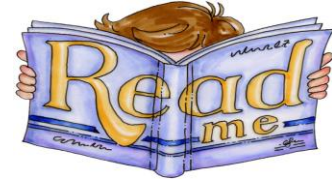
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4



5



9 COLD CEREAL OR STRAWBERRY CHURO

JUICE, FRESH FRUIT, MILK

BEAN AND CHEESE BURRITO

CORN  
FRESH APPLE

CHOICE OF MILK

10 COLD CEREAL OR BERRY FRENCH TOAST WITH SYRUP

JUICE, FRESH FRUIT, MILK

CHICKEN NUGGETS  
GREEN BEANS

WHEAT ROLL  
PEAR CUP

CHOICE OF MILK

11 COLD CEREAL OR GLAZED DONUT

JUICE, FRESH FRUIT, MILK

SLOPPY JOE

FRENCH FRIES  
MIXED FRUIT CUP

CHOICE OF MILK

12 COLD CEREAL OR CEREAL BAR

JUICE, FRESH FRUIT, MILK

PEPPERONI PIZZA  
FRESH GARDEN SALAD

WITH RANCH DRESSING  
ORANGE SLICES

CHOICE OF MILK

16 NO SCHOOL

MARTIN LUTHER KING DAY



17 COLD CEREAL OR PANCAKE ROLLUP

JUICE, FRESH FRUIT, MILK

SPAGHETTI WITH MEAT SAUCE  
WHEAT ROLL

CARROT STICKS WITH RANCH DIP  
PEAR CUP

CHOICE OF MILK

18 COLD CEREAL OR APPLE CINNAMON MUFFIN

JUICE, FRESH FRUIT, MILK

HAMBURGER WITH  
SHREDDED LETTUCE

TATER TOTS  
PEACH CUP

CHOICE OF MILK

19 COLD CEREAL OR POPTART

JUICE, FRESH FRUIT, MILK

PIZZA STICKS  
FRESH GARDEN SALAD

WITH RANCH DRESSING  
ORANGE SLICES

CHOICE OF MILK

23 COLD CEREAL OR APPLE FRUDEL

JUICE, FRESH FRUIT, MILK

CHEESE QUESADILLA  
RANCH BEANS  
FRESH APPPLE  
CHOICE OF MILK

24 COLD CEREAL OR CHERRY FRUDEL

JUICE, FRESH FRUIT, MILK

CHILI CHEESE FRIES  
CELERY STICKS  
PINEAPPLE CUP  
CHOICE OF MILK

25 COLD CEREAL OR BANANNA MUFFIN

JUICE, FRESH FRUIT, MILK

CHICKEN SANDWICH  
WITH SHREDDED LETTUCE  
TATER TOTS  
MIXED FRUIT  
CHOICE OF MILK

26 COLD CEREAL OR POPTART OR CEREAL BAR

JUICE, FRESH FRUIT, MILK

PIZZA BOAT  
FRESH GARDEN SALAD  
WITH RANCH DRESSING  
ORANGE SLICES  
CHOICE OF MILK

30 COLD CEREAL OR PANCAKE ROLLUP

JUICE, FRESH FRUIT, MILK

SOFT TACO  
MEXI CORN  
FRESH APPLE

31 COLD CEREAL OR

JUICE, FRESH FRUIT, MILK

MEATLOAF  
GREEN BEANS  
WHOLE WHEAT ROLL  
PEACH CUP

FEBRUARY 1 COLD CEREAL OR

JUICE, FRESH FRUIT, MILK

CHICKEN POPPERS  
WITH BBQ SAUCE  
FRENCH FRIES  
APPLESAUCE CUP

FEBRUARY 2 COLD CEREAL OR

JUICE, FRESH FRUIT, MILK

CHEESE PIZZA  
FRESH GARDEN SALAD  
WITH RANCH DRESSING  
ORANGE SLICE

SERVED DAILY :

### BREAKFAST

POP-TART- CINNAMON OR STRAWBERRY  
CEREAL BARS- ASSORTED VARIETY

### LUNCH

NEW FOR YOU THIS YEAR OFFERED DAILY:  
CHEF SALAD BAR:  
FRESH SALAD, CARROTS, CELERY STICKS, CUCUMBERS  
COTTAGE CHEESE, CHERRY TOMATO'S, BROCCOLI FLORETS,  
CALULIFLOWER FLORETS.  
YOUR CHOICE OF: RANCH , 1000 ISLAND, ITALIAN,  
RASPBERRY VINEGARETTE DRESSINGS

### OFFERED DAILY WITH MAIN LINE ENTRÉE

SALAD BAR WITH: FRESH SALAD, CHERRY TOMATOES, CUCUMBERS,  
CELERY AND CARROT STICKS. CHOICE OF DRESSING  
OR YOU CAN TAKE ADVANTAGE OF OUR ALTERNITIVE LUNCH SPECIAL  
DELI SANDWICH CHOICE OF TURKEY OR HAM  
SPICY OR PLAIN CHICKEN WRAPS WITH CHOICE OF DRESSING  
ALL MEALS SERVED WITH CHOICE OF FRESH FRUIT OR FRUIT CUP  
CHOICE OF MILK

