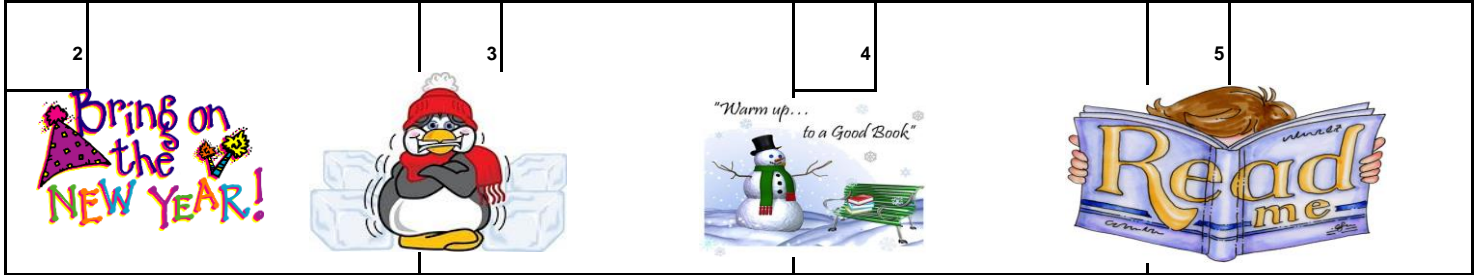


# JANUARY 2017 CAMP VERDE COWBOYS HIGH SCHOOL

**HIGH SCHOOL  
PRICES  
BREAKFAST  
REDUCED \$.30  
FULL PRICE \$1.50  
LUNCH  
REDUCED \$.40  
FULL PRICE \$2.75**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
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9	10	11	12
COLD CEREAL OR STRAWBERRY CHURO	COLD CEREAL OR BERRY FRENCH TOAST WITH SYRUP	COLD CEREAL OR GLAZED DONUT	COLD CEREAL OR CEREAL BAR
JUICE, FRESH FRUIT, MILK	JUICE, FRESH FRUIT, MILK	JUICE, FRESH FRUIT, MILK	JUICE, FRESH FRUIT, MILK
BEAN AND CHEESE BURRITO CORN	CHICKEN NUGGETS GREEN BEANS WHEAT ROLL	SLOPPY JOE FRENCH FRIES	PEPPERONI PIZZA FRESH GARDEN SALAD WITH RANCH DRESSING
FRESH APPLE CHOICE OF MILK	PEAR CUP CHOICE OF MILK	MIXED FRUIT CUP CHOICE OF MILK	ORANGE SLICES CHOICE OF MILK

16	17	18	19
NO SCHOOL	COLD CEREAL OR PANCAKE ROLLUP	COLD CEREAL OR APPLE CINNAMON MUFFIN	COLD CEREAL OR POPTART
MARTIN LUTHER KING DAY	JUICE, FRESH FRUIT, MILK	JUICE, FRESH FRUIT, MILK	JUICE, FRESH FRUIT, MILK
	SPAGHETTI WITH MEAT SAUCE WHEAT ROLL CARROT STICKS WITH RANCH DIP PEAR CUP CHOICE OF MILK	HAMBURGER WITH SHREDDED LETTUCE TATER TOTS PEACH CUP CHOICE OF MILK	PIZZA STICKS FRESH GARDEN SALAD WITH RANCH DRESSING ORANGE SLICES CHOICE OF MILK

23	24	25	26
COLD CEREAL OR APPLE FRUDEL	COLD CEREAL OR CHERRY FRUDEL	COLD CEREAL OR BANANNA MUFFIN	COLD CEREAL OR POPTART OR CEREAL BAR
JUICE, FRESH FRUIT, MILK	JUICE, FRESH FRUIT, MILK	JUICE, FRESH FRUIT, MILK	JUICE, FRESH FRUIT, MILK
CHEESE QUESADILLA RANCH BEANS FRESH APPPLE CHOICE OF MILK	CHILI CHEESE FRIES CELERY STICKS PINEAPPLE CUP CHOICE OF MILK	CHICKEN SANDWICH WITH SHREDDED LETTUCE TATER TOTS MIXED FRUIT CHOICE OF MILK	PIZZA BOAT FRESH GARDEN SALAD WITH RANCH DRESSING ORANGE SLICES CHOICE OF MILK

30	31	FEBRUARY 1	FEBRUARY 2
COLD CEREAL OR PANCAKE ROLLUP	COLD CEREAL OR	COLD CEREAL OR	COLD CEREAL OR
JUICE, FRESH FRUIT, MILK	JUICE, FRESH FRUIT, MILK	JUICE, FRESH FRUIT, MILK	JUICE, FRESH FRUIT, MILK
SOFT TACO MEXI CORN FRESH APPLE CHOICE OF MILK	MEATLOAF GREEN BEANS WHOLE WHEAT ROLL PEACH CUP CHOICE OF MILK	CHICKEN POPPERS WITH BBQ SAUCE FRENCH FRIES APPLESAUCE CUP CHOICE OF MILK	CHEESE PIZZA FRESH GARDEN SALAD WITH RANCH DRESSING ORANGE SLICE CHOICE OF MILK

<b>SERVED DAILY :</b>		
<b>BREAKFAST</b>	<b>LUNCH</b>	<b>OFFERED DAILY WITH MAIN LINE ENTRÉE</b>
POP-TART- CINNAMON OR STRAWBERRY CEREAL BARS- ASSORTED VARIETY	NEW FOR YOU THIS YEAR OFFERED DAILY: CHEF SALAD BAR: FRESH SALAD, CARROTS, CELERY STICKS, CUCUMBERS COTTAGE CHEESE, CHERRY TOMATO'S, BROCOLLI FLORETS, CALULIFLOWER FLORETS. YOUR CHOICE OF: RANCH , 1000 ISLAND, ITALIAN, RASPBERRY VINEGARETTE DRESSINGS	SALAD BAR WITH: FRESH SALAD, CHERRY TOMATOES, CUCUMBERS, CELERY AND CARROT STICKS. CHOICE OF DRESSING OR YOU CAN TAKE ADVANTAGE OF OUR ALTERNITIVE LUNCH SPECIAL DELI SANDWICH CHOICE OF TURKEY OR HAM SPICY OR PLAIN CHICKEN WRAPS WITH CHOICE OF DRESSING ALL MEALS SERVED WITH CHOICE OF FRESH FRUIT OR FRUIT CUP CHOICE OF MILK

