

# OCTOBER 2017

## CV MIDDLE SCHOOL

### BREAKFAST AND LUNCH

**MIDDLE SCHOOL PRICES**  
**BREAKFAST**  
 REDUCED \$.30  
 FULL PAID \$1.50  
**LUNCH**  
 REDUCED \$.40  
 FULL PAID \$2.85  
 ADULT \$3.50

<b>2</b> COLD CEREAL OR BISCUIT AND GRAVY JUICE, FRESH FRUIT & MILK TERIYAKI CHICKEN BROCOLLI STEAMED RICE APPLE MILK	<b>3</b> COLD CEREAL OR BANANA MUFFIN W/ YOGURT JUICE, FRESH FRUIT & MILK HAMBURGER WITH LETTUCE, TAMATO, PICKEL FRENCH FRIES MIXED FRUIT CUP MILK	<b>4</b> COLD CEREAL OR MINI PANCAKES PEACH CUP JUICE, FRESH FRUIT & MILK CHICKEN STRIPS BAKED BEANS CARROT CHIPS WITH RANCH DRESSING, PEAR CUP MILK	<b>5</b> COLD CEREAL JUICE, FRESH FRUIT & MILK PIZZA BOAT GARDEN SALAD WITH RANCH DRESSING ORANGE SLICES MILK
<b>9</b> NO SCHOOL COLUMBUS DAY 	<b>10</b> COLD CEREAL OR PANCAKE ROLLUP JUICE, FRESH FRUIT & MILK POPCORN CHICKEN CARROT STICKS WITH RANCH DRESSING, WHEAT ROLL, PEACH CUP MILK	<b>11</b> COLD CEREAL OR GLAZED DONUT JUICE, FRESH FRUIT & MILK BEAN AND CHEESE BURRITO SALSA CUP MEXI CORN PINEAPPLE CUP MILK	<b>12</b> COLD CEREAL OR CHEESE OMLET WITH TORTILLA JUICE, FRESH FRUIT & MILK DEEP DISH PIZZA GARDEN SALAD WITH RANCH DRESSING ORANGE SLICES MILK
<b>16</b> COLD CEREAL OR APPLE FRUDEL JUICE, FRESH FRUIT & MILK MAC AND CHEESE WITH DICED HAM STEAMED CARROTS APPLE MILK	<b>17</b> COLD CEREAL OR BLUEBERRY MUFFIN APPLE SAUCE CUP JUICE, FRESH FRUIT & MILK CHICKEN NUGGETS RANCH BEANS WITH WHEAT ROLL MIXED FRUIT MILK	<b>18</b> COLD CEREAL OR BANANA MUFFIN PEACH CUP JUICE, FRESH FRUIT & MILK SLOPPY JOE ON WHEAT BUN TATER TOTS CINNAMON APPLE SAUCE MILK	<b>19</b> COLD CEREAL JUICE, FRESH FRUIT & MILK PIZZA STICKS GARDEN SALAD WITH RANCH DRESSING ORANGE SLICES MILK
<b>23</b> COLD CEREAL OR BERRY FRENCH WITH SYRUP JUICE, FRESH FRUIT & MILK SOFT TACO ON WG TORTILLA SALSA CUP PINTO BEANS APPLE	<b>24</b> COLD CEREAL OR EGG AND CHEESE BISCUIT, PEACH CUP JUICE, FRESH FRUIT & MILK MEAT LOAF & SWEET CORN WHEAT ROLL CUCUMBER SLICES PEAR CUP	<b>25</b> COLD CEREAL OR YOGURT WITH GRAM CRACKERS JUICE, FRESH FRUIT & MILK HOT DOG W/BAKED FRIES CARROT STICKS WITH RANCH DRESSIN APPLE SAUCE CUP	<b>26</b> COLD CEREAL OR APPLE CINNAMON MUFFIN JUICE, FRESH FRUIT & MILK DEEP DISH PEPPERONI PIZZA GARDEN SALAD WITH RANCH DRESSING ORANGE SLICES
<b>30</b> COLD CEREAL OR MINI WAFFE W/SYRUP APPLE SAUCE CUP JUICE, FRESH FRUIT & MILK CHICKEN FAJITA ON WG TORTILLA MIXED VEGGIES & SALSA CUP APPLE MILK	<b>31</b> COLD CEREAL OR PANCAKE ROLLUP JUICE, FRESH FRUIT & MILK POPCORN CHICKEN BAKED BEANS CELERY STICK W/RANCH PINEAPPLE CUP MILK	NOV <b>1</b> COLD CEREAL OR MINI PANCAKES W/ SYRUP JUICE, FRESH FRUIT & MILK CHICKEN SANDWICH WITH LETTUCE MIXED VEGGIES APPLE SAUCE CUP MILK	NOV <b>2</b> COLD CEREAL POPART JUICE, FRESH FRUIT & MILK PIZZA BOAT GARDEN SALAD WITH RANCH DRESSING ORANGE SLICES MILK

**BREAKFAST**  
 SERVED DAILY  
 POP TART: STRAWBERRY & CINNAMON  
 BREAKFAST BARS:  
 ASSORTED VARIETY

**OFFERD DAILY WITH MAIN LINE LUNCH**  
 SALAD AND VEGGIE BAR OFFERS YOU  
 FRESH SALAD, CARROTS, CELERY STICKS  
 CHERRY TOMATO, BROCOLLI, CUCUMBERS

**WE ALSO OFFER A ALTERNITIVE LUNCH**  
 DELI SANDWICH CHOICE OF TURKEY, HAM OR CHICKEN STRIP  
 SPICY OR PLAIN CHICKEN WRAPS WITH RANCH OR BBQ CUP  
 ALL MEALS ARE SERVED WITH CHOICE OF FRUIT AND MILK

NOTE: MEALS ARE SERVED WITH CHOICE OF MILK  
 MENU IS SUBJECT TO CHANGE DO TO AVAILABILITY

**SFE THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**

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