

**HIGH SCHOOL
 PRICES
 BREAKFAST
 REDUCED \$.30
 FULL PRICE \$1.50
 LUNCH
 REDUCED \$.40
 FULL PRICE \$2.75**

MARCH 2017 CAMP VERDE COWBOYS HIGH SCHOOL



MONDAY		TUESDAY		WEDNESDAY		THURSDAY					
				<p>1 COLD CEREAL OF APPLE CINNAMON MUFFIN</p> <p>JUICE, FRESH FRUIT, MILK</p> <p>MINI CORN DOGS VEGGIE BEANS CARROT STICKS</p> <p>PEAR CUP MILK</p>		<p>2 COLD CEREAL CEREAL BAR</p> <p>JUICE, FRESH FRUIT, MILK</p> <p>CHEESE PIZZA FRESH GARDEN SALAD WITH RANCH DRESSING</p> <p>ORANGE SLICES MILK</p>					
<p>6 COLD CEREAL OR PANCAKE ROLLUP</p> <p>JUICE, FRESH FRUIT, MILK</p> <p>TOSTADA WITH LETTUCE AND CHEESE CORN</p> <p>FRESH APPLE CHOICE OF MILK</p>		<p>7 COLD CEREAL OR BLUEBERRY WAFFLE WITH SYRUP</p> <p>JUICE, FRESH FRUIT, MILK</p> <p>CHICKEN SANDWICH ON A WHEAT BUN WITH SHREDDED LETTUCE, FRENCH FRIES</p> <p>PINEAPPLE CUP CHOICE OF MILK</p>		<p>8 COLD CEREAL OR YOGURT WITH GRANOLA</p> <p>JUICE, FRESH FRUIT, MILK</p> <p>CHILI CHEESE DOG ON A WHEAT BUN CUCUMBER SLICES</p> <p>PEAR CUP CHOICE OF MILK</p>		<p>9 COLD CEREAL OR POPTART</p> <p>JUICE, FRESH FRUIT, MILK</p> <p>PIZZA BOAT FRESH GARDEN SALAD WITH RANCH DRESSING</p> <p>ORANGE SLICES CHOICE OF MILK</p>					
				<p>13</p>		<p>14</p>		<p>15</p>		<p>16</p>	
<p>20 COLD CEREAL OR MINI PANCAKES WITH SYRUP</p> <p>JUICE, FRESH FRUIT, MILK</p> <p>SOFT TACO ON A WHEAT TORTILLA WITH LETTUCE AND CHEESE, MEXI CORN</p> <p>CHOICE OF MILK</p>		<p>21 COLD CEREAL OR BAGEL WITH CREAM CHEESE</p> <p>JUICE, FRESH FRUIT, MILK</p> <p>CHICKEN STRIPS GREEN BEANS WHEAT ROLL</p> <p>CHOICE OF MILK</p>		<p>22 COLD CEREAL OR BANANA MUFFIN</p> <p>JUICE, FRESH FRUIT, MILK</p> <p>GRILLED CHEESE SANDWICH CELERY WITH RANCH DIP</p> <p>CHOICE OF MILK</p>		<p>23 COLD CEREAL OR POPTART OR CEREAL BAR</p> <p>JUICE, FRESH FRUIT, MILK</p> <p>CHEESE PIZZA FRESH GARDEN SALAD WITH RANCH DRESSING</p> <p>CHOICE OF MILK</p>					
<p>27 COLD CEREAL OR BISCUIT AND GRAVY</p> <p>JUICE, FRESH FRUIT, MILK</p> <p>CHEESE QUESADILLA RANCH BEANS FRESH APPLE</p>		<p>28 COLD CEREAL OR BISCUIT AND GRAVY</p> <p>JUICE, FRESH FRUIT, MILK</p> <p>HAMBURGER ON WHEAT BUN WITH SHREDDED LETTUCE FRENCH FRIES PINEAPPLE CUP</p>		<p>29 COLD CEREAL OR BREAKFAST BURRTO</p> <p>EGG AND CHEESE JUICE, FRESH FRUIT, MILK</p> <p>MEATLOAF, STEAMED CARROTS WHEAT ROLL PEACH CUP</p>		<p>30 COLD CEREAL OR</p> <p>JUICE, FRESH FRUIT, MILK</p> <p>CHEF SALAD WITH DICED HAM, SHREDDED CHEESE WHEAT CRACKER ORANGE SLICE</p>					

SERVED DAILY :		
BREAKFAST	LUNCH	OFFERED DAILY WITH MAIN LINE ENTRÉE
POP-TART- CINNAMON OR STRAWBERRY CEREAL BARS- ASSORTED VARIETY	NEW FOR YOU THIS YEAR OFFERED DAILY: CHEF SALAD BAR: FRESH SALAD, CARROTS, CELERY STICKS, CUCUMBERS COTTAGE CHEESE, CHERRY TOMATO'S, BROCCOLI FLORETS, CALULIFLOWER FLORETS. YOUR CHOICE OF: RANCH , 1000 ISLAND, ITALIAN, RASPBERRY VINEGARETTE DRESSINGS	SALAD BAR WITH: FRESH SALAD, CHERRY TOMATOES, CUCUMBERS, CELERY AND CARROT STICKS. CHOICE OF DRESSING OR YOU CAN TAKE ADVANTAGE OF OUR ALTERNITIVE LUNCH SPECIAL DELI SANDWICH CHOICE OF TURKEY OR HAM SPICY OR PLAIN CHICKEN WRAPS WITH CHOICE OF DRESSING ALL MEALS SERVED WITH CHOICE OF FRESH FRUIT OR FRUIT CUP CHOICE OF MILK

