






**HIGH SCHOOL
PRICES
BREAKFAST
REDUCED \$.30
FULL PRICE \$1.50
LUNCH
REDUCED \$.40
FULL PRICE \$2.75**

DECEMBER 2016 CAMP VERDE COWBOYS HIGH SCHOOL



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		
								
5	COLD CEREAL OR HOT BISCUIT AND GRAVY	6	COLD CEREAL OR BERRY FRENCH TOAST WITH SYRUP	7	COLD CEREAL OR GLAZED DONUT	8	COLD CEREAL OR CEREAL BAR	
JUICE, FRESH FRUIT, MILK		JUICE, FRESH FRUIT, MILK		JUICE, FRESH FRUIT, MILK		JUICE, FRESH FRUIT, MILK		
CHILI CHEESE FRIES CARROT STICKS FRESH APPLE CHOICE OF MILK		CHICKEN NUGGETS GREEN BEANS WHEAT ROLL PEAR CUP CHOICE OF MILK		TOSTADO WITH BEANS, CHEESE SHREDDED LETTUCE CORN PINEAPPLE CUP CHOICE OF MILK		PIZZA BOAT FRESH GARDEN SALAD WITH RANCH DRESSING ORANGE SLICES CHOICE OF MILK		
12	COLD CEREAL OR APPLE FRUDEL	13	COLD CEREAL OR PANCAKE ROLLUPS	14	COLD CEREAL OR APPLE CINNAMON MUFFIN	15	COLD CEREAL OR POPART	
JUICE, FRESH FRUIT, MILK		JUICE, FRESH FRUIT, MILK		JUICE, FRESH FRUIT, MILK		JUICE, FRESH FRUIT, MILK		
MAC AND CHEESE MIXED VEGETABLES FRESH APPLE CHOICE OF MILK		HOT TURKEY SANDWICH ON A PRETZEL BUN TATER TOTS PEACH CUP CHOICE OF MILK		CORN DOG FRENCH FRIES MIXED FRUIT CUP CHOICE OF MILK		PEPPERONI PIZZA FRESH GARDEN SALAD WITH RANCH DRESSING ORANGE SLICES CHOICE OF MILK		
19	COLD CEREAL OR BAGEL WITH CREAM CHEESE	20	COLD CEREAL OR CHERRY FRUDEL	21	COLD CEREAL OR BANANNA MUFFIN	22	COLD CEREAL OR POPART OR CEREAL BAR	
JUICE, FRESH FRUIT, MILK		JUICE, FRESH FRUIT, MILK		JUICE, FRESH FRUIT, MILK		JUICE, FRESH FRUIT, MILK		
HOME MADE BEEF STEW WITH CRACKERS FRESH APPLE CHOICE OF MILK		CHEESE BURGER ON A WHEAT BUN FRENCH FRIES APPLE SAUCE CUP CHOICE OF MILK		CHICKEN STRIPS CORN ON THE COB ORANGE SLICES CHOICE OF MILK		PEANUT BUTTER AND JELLY SANDWICH CARROT STICKS FRESH APPLE CHOICE OF MILK		
26			27			28		

SERVED DAILY :		
BREAKFAST	LUNCH	OFFERED DAILY WITH MAIN LINE ENTRÉE
POP-TART- CINNAMON OR STRAWBERRY CEREAL BARS- ASSORTED VARIETY	NEW FOR YOU THIS YEAR OFFERED DAILY: CHEF SALAD BAR: FRESH SALAD, CARROTS, CELERY STICKS, CUCUMBERS COTTAGE CHEESE, CHERRY TOMATO'S, BROCOLLI FLORETS, CALULIFLOWER FLORETS. YOUR CHOICE OF: RANCH , 1000 ISLAND, ITALIAN, RASPBERRY VINEGARETTE DRESSINGS	SALAD BAR WITH: FRESH SALAD, CHERRY TOMATOES, CUCUMBERS, CELERY AND CARROT STICKS. CHOICE OF DRESSING OR YOU CAN TAKE ADVANTAGE OF OUR ALTERNITIVE LUNCH SPECIAL DELI SANDWICH CHOICE OF TURKEY OR HAM SPICY OR PLAIN CHICKEN WRAPS WITH CHOICE OF DRESSING ALL MEALS SERVED WITH CHOICE OF FRESH FRUIT OR FRUIT CUP CHOICE OF MILK

