

# OCTOBER 2014

## CVUSD

### BREAKFAST AND LUNCH

**\*PRICES\***  
**BREAKFAST REDUCED**  
 \$.30  
**FULL PAID \$1.25**  
**LUNCH REDUCED \$ .40**  
**FULL PAID \$2.50**  
**ADULT \$3.50**



		<b>1</b>	COLD CEREAL OR POP TART JUICE AND MILK  CHICKEN NUGGETS GREEN BEANS APPLESUACE CUP MILK	<b>2</b>	COLD CEREAL STRAWBERRY CHURRO JUICE AND MILK  DEEP DISH PIZZA GARDEN SALAD WITH RANCH DRESSING ORANGE SLICES MILK
<b>6</b>	COLD CEREAL OR BLUEBERRY WAFFLE WITH SYRUP JUICE AND MILK  MAC AND CHEESE MIXED VEGGIES PEARS CUP MILK	<b>7</b>	COLD CEREAL OR PANCAKE ROLLUP JUICE AND MILK  SLOPPY JOE TATAR TOTS PEACH CUP MILK	<b>8</b>	COLD CEREAL OR SUPER DONUT JUICE AND MILK  MINI CORN DOGS VEGGIE BEANS JELLO WITH FRUIT MILK
<b>13</b>	COLD CEREAL OR BISCULT AND GRAVY JUICE AND MILK  BEAN AND CHEESE BURRTIO MEXI CORN APPLESUACE CUP MILK	<b>14</b>	COLD CEREAL OR PANCAKE WITH SYRUP JUICE AND MILK  CHICKEN SANDWICH LETTUCE, FRENCH FRIES PINEAPPLE CUP MILK	<b>15</b>	COLD CEREAL OR BAGEL WITH CREAM CHEESE JUICE AND MILK  HOT DOG ON A BUN VEGGIE BEANS FRUIT JELLO MILK
<b>20</b>	COLD CEREAL OR PANCAKE ROLLUP JUICE AND MILK  BEAN TOSTADA WITH LETTUCE AND CHEESE MEXI CORN FRUIT COCKTAIL CUP MILK	<b>21</b>	COLD CEREAL OR BREAKFAST BAGEL JUICE AND MILK  HAMBURGER WITH LETTUCE FRENCH FRIES PEAR CUP MILK	<b>22</b>	COLD CEREAL OR MIMI MUFFIN JUICE AND MILK  CHICKEN NUGGETS WHEAT ROLL PEAS JELLO CUP WITH FRUIT MILK
<b>27</b>	COLD CEREAL OR CHERRY FRUDEL JUICE AND MILK  BEEF CHILI CRACKERS ORANGE SLICES MILK	<b>28</b>	COLD CEREAL OR BLUEBERRY WAFFLE WITH SYRUP JUICE AND MILK  HAM CHEESE SANDWICH TATAR TOTS FRUIT COCKTAIL CUP MILK	<b>29</b>	COLD CEREAL OR SUPER DONUT JUICE AND MILK  DEEP DISH PIZZA CHEESE GARDEN SALAD WITH RANCH DRESSING JELLO CUP WITH FRUIT MILK
				<b>16</b>	COLD CEREAL OR FRENCH TOAST STICKS W/ SYRUP JUICE AND MILK  DEEP DISH CHEESE PIZZA GARDEN SALAD WITH RANCH DRESSING APPLE MILK
				<b>23</b>	COLD CEREAL OR FRENCH TOAST STICKS W/ SYRUP  DEEP DISH PEPPERONI PIZZA WITH RANCH DRESSING ORANGE SLICES MILK
				<b>30</b>	VARIETY OF COLD CEREAL JUICE AND MILK  CHILI CHEESE DOG CARROT STICKS WITH RANCH APPLE MILK

### Served Daily for Middle School and high School

**SERVED DAILY :**

**BREAKFAST**

**LUNCH**

POP TART: STRAWBERRY, BROWN SUGAR CINNAMON  
 BREAKFAST BARS: RICE CRISPY CHOCOLATE  
 CEREAL BARS CINNAMON TOAST, STRAWBERRY CHERRIO'S  
 CHOICE OF MILK

SPICY AND PLAIN CHICKEN WRAPS W/ RANCH DRESSING  
 DELI SANDWICH CHOICE OF TURKEY, HAM  
 CHICKEN STRIP SALAD CHOICE OF DRESSING  
 CHEF SALAD WITH HAM AND CHEESE CHOICE OF DRESSING

ALL MEALS SERVED WITH CHOICE OF FRESH FRUIT OR FRUIT CUP  
 CHOICE OF MILK

THERE ARE ONLY  
 3 CHARGES ALLOWED  
 PER CHILD THIS YEAR

NOTE: MEALS SERVED WITH CHOICE OF MILK  
 MENU : SUBJECT TO CHANGE DUE TO AVAILABILITY  
 THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.